

Necessity of education using tea

1. Collapse of traditional tea culture
2. Reduction of tea diversity in the region
3. Hospitality culture (loss of mind to consider others)
4. Decline in taste formation against bitter
5. Increase in value as a health drink

↓ Culture inheritance

Education and forming habit since childhood are important

Characteristics of tea education

- ★ Tea is an optimal material for cultivating basic skills in various fields of natural and/or social science
- ★ Tea is a familiar educational material in Shizuoka, it is easy for students to be interested
- ★ Tea is a material that promotes mental and physical health and education of rich human formation
- ★ Tea drinks increase the identity to Shizuoka and are easy to link to the revitalization of the area

The rule concerning promotion of drinking of Shizuoka tea of elementary and junior high school students



Keypoint of the rule concerning promotion of drinking of Shizuoka tea



1. Promote drinking of Shizuoka tea to students
2. Promotion of food education (tea education) by Shizuoka tea
 - Education to deepen the understanding of the taste of tea, function, production area, history, tea culture etc
3. Education using lunch, break with tea
4. We aim to love Shizuoka tea and to drink tea every day as a habit

Practical case of tea education

☆Practical example at elementary school in Shizuoka prefecture

An example

Department	Material name
Society	About tea industry in Shizuoka prefecture
Society	About establishment of industry
Home	First time cooking
Home	Tea is brewed with teapot
Home	Drinking comparison of tea
English	Let's talk about tea in English
English	Introducing tea culture in English
General learning	Tea plucking
General learning	Health effect of tea



Practical case of tea education

☆Content of tea learned by college students at elementary school, junior high school and high school

Ratio of studied subjects (%)

National language	Society	Arithmetic	Science	English	Health and physical education	Drawing work	Home	Comprehensive education	Life
1.2	40.6	0	1.2	0	0	0	25	61.2	11.6

Ratio of learning content (%)

Industry	How to brew	History	Use	Tour of the tea field	Tea making	
64.7	54.1	41.2	37.6	45.9	32.9	Yoko MURAKAMI etc. Drinking Habits and Palatability of Green Tea among University Student (2016) Shizuoka University

Tea is a treasure house of teaching materials

Utilization of tea for teaching guidelines

Teaching based on tea

Tea industry, local greats, tea cuisine, tea culture etc.

Teaching using tea as one frame of material

Mathematics, science, history, languages etc.

An example of a teaching plan in each subject



National language

⇒ Kanji, novels, haiku, proverb, etc related to tea.

Science

⇒ Tea as a plant (growing from seed, tea garden, cutting),
Insects in tea garden (tea garden is microcosm, small jungle)

Society

⇒ Tea as regional industry (production from processing distribution, tea related industry), history of tea industry development and predecessor's achievement, Japanese tea in the international community

Musics

⇒ Tea songs, folk songs related to each country's tea



Use of tea at school meals



- ★ Establish a habit of drinking tea with meals
- ★ Increase the awareness of tea as a factor in Japanese food



Gargle by tea at school

Habitual gargling to prevent colds and influenza



Establishment of water supply for tea

T1(Tea 1) Grand Prix (Prize)

T1 Grand Prix is a tournament to determine champions by conducting three types of Japanese tea competition for elementary school students

tea T-1グランプリ
3つの茶レンジを勝ち上げ!!
出場者大募集
○×筆記クイズ
お茶のいれ方実技競技
お茶の種類当て競技
T-1グランプリとは、小学3～6年生を対象に日本茶の茶(チャ)ンピオンを決めよう!というイベントです。

T1(Tea 1) Grand Prix(Prize) competition scenery



Compete knowledge and practical skills in three area about tea



Contents of the T1 Grand Prix competition

Three kinds of challenges



Tea Range 1: to knowledge of tea ○ × Test

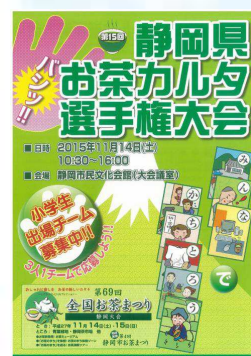


Tea Range 2: Testing for the type of tea leaves



Tea range 3: tea brewing practical test

Tea Karuta Championship



Karuta is one of the Japanese traditional games.
First, a person read the card.
And the others look for a pickup card which is the picture and word drawn about it.
The winner is having the cards most.

Tea Karuta Championship

Through tea karuta, create opportunities for elementary school students in the prefecture to meet the charm of Shizuoka tea and tea culture, aim for making the future Shizuoka tea fan



Contents of Tea Karuta Championship 카드 놀이

Make the stories about tea memorable in pictures (pickup card) and sentences (reader's card) in the game

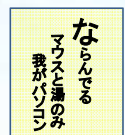
Pickup card



ならんでる マウスと湯のみ 我がパソコン
A mouse and a tea cup with my personal computer

一杯の お茶に広がる 笑顔の輪
A wheel of a smile spreading over a cup of tea

Reader's card



ひゃくさいの 秘訣素直に お茶なんです
The secret to living to be a hundred years old is to drink

試験前 眠気冷ましに 濃い緑茶
Green tea for drowsiness before testing

How to make delicious tea by Japanese tea instructor



Teaching in elementary school, tea lessons will be conducted by external lecturer (Japanese tea instructor)



Others education by tea

Tea painting contest in elementary school



Cooking with tea



Integrated learning of tea at school tea garden



Important of tea education for children

- ★Japanese tea with long history and culture is also important as educational material
- ★Education from childhood is important to bring up tea culture
- ★The functionality of tea is also important as a healthy drink
- ★The custom acquired in childhood has a big influence on subsequent human formation

